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PHYSICIAN
ALUMNI DAY

APRIL 4, 2008

McCluskey Auditorium

Sponsored by

Children's Hospital of Pittsburgh of UPMC

Department of Pediatrics

University of Pittsburgh School of Medicine

Children's Hospital of Pittsburgh Foundation

Children's Hospital Medical Staff
and the

Physician Alumni Association



Alumni Day 2008 • Friday Agenda

- 7:30 a.m. **Registration and Continental Breakfast**
B-Level Conference Center
- 8 a.m. **Welcome and Overview**
Andrew H. Urbach, MD; Steven G. Docimo, MD; David H. Perlmutter, MD
McCluskey Auditorium
- 8:10 a.m. **"The Role of the Health Plan in Eliminating Unwarranted Variation from Pediatric Practice"**
Donald R. Fischer, MD, MBA
- 8:50 a.m. **"Cholesterol in Children: Pay Me Now or Pay Me Later"**
Vivek Allada, MD
- 9:10 a.m. **Presentation of the Howard A. Mermelstein, MD, Award**
Paul Dubner, MD
- 9:20 a.m. **The Howard A. Mermelstein, MD, Memorial Lecture**
"Pediatricians of the Future: Residency Redesign"
J. Carlton Gartner Jr., MD
- 10 a.m. **"Challenges in Pediatric Minimally Invasive Surgery"**
Timothy D. Kane, MD
- 10:20 a.m. **Break**
- 10:40 a.m. **Presentation of the Eugene S. Wiener, MD, Award**
for Outstanding Contributions to Pediatric Health Care
Mr. Jeffrey Wiener
- 10:50 a.m. **Special introduction of Dr. Thomas E. Starzl**
Ms. Renee Williams
- 10:55 a.m. **The Eugene S. Wiener, MD, Memorial Lecture**
"Reflections on Transplantation: Past, Present & Future"
Thomas E. Starzl, MD, PhD
- 11:40 a.m. **Special presentation of the documentary film *That's Pediatrics* and closing comments**
Andrew H. Urbach, MD
- Noon **Adjournment**
- 12:05 p.m. **Alumni Luncheon**
B-Level Conference Center

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Pittsburgh School of Medicine designates this educational activity for a maximum of 3.0 AMA PRA Category 1 Credits™. Each physician should only claim credit commensurate with the extent of their participation in the activity. Other health care professionals are awarded .3 continuing education units (CEUs) which are equal to 3.0 contact hours.



Donald R. Fischer, MD, MBA

Donald R. Fischer, MD, MBA, is senior vice president of Integrated Clinical Services and chief medical officer at Highmark Blue Cross Blue Shield in Pittsburgh. Among his responsibilities are quality management, pharmacy affairs, medical management, behavioral health management, preventive health services, medical policy and clinical client relationships. His division is focused on seamless integration of proactive clinical services for Highmark's members. He also is actively involved in Highmark's regional strategy to address childhood obesity.

Dr. Fischer is a 1973 graduate of the University of Notre Dame and received his medical degree from the University of Illinois in 1977. After completing a pediatric residency and pediatric cardiology fellowship at the Children's Hospital of Pittsburgh in 1981, he joined the full-time faculty in the Division of Pediatric Cardiology at the University of Pittsburgh School of Medicine. He was promoted to the rank of professor in 1995, and held the position of medical director at Children's Hospital of Pittsburgh from July 1996 through December 2000. Dr. Fischer also holds a master's in business administration from the University of Pittsburgh's Katz Graduate School of Business. He continues to have an academic appointment as clinical professor of Pediatrics at the University of Pittsburgh School of Medicine.

Dr. Fischer is board-certified in pediatrics and pediatric cardiology, and is a fellow in both the American Academy of Pediatrics and the American College of Cardiology. He is a certified physician executive in the American College of Physician Executives.

He is a member of the boards of directors of the Pennsylvania Cancer Control Consortium (PAC3), the Western Pennsylvania Chapter of the American Heart Association, the Pittsburgh Regional Healthcare Initiative, and the DePaul School for Hearing and Speech. He was appointed a member of the Governor's Commission on Chronic Care in September 2007.

What are your key achievements?

- Building the interventional cardiology program at Children's Hospital
- Performing the first aortic balloon valvotomy from a carotid artery approach
- Serving as medical director at Children's from 1996 to 2000
- Championing the new patient safety movement at Children's and achieving board approval to move forward with computerized physician order entry for the hospital
- Leading the Integrated Clinical Services division at Highmark since 2004, focusing on facilitating the right care for the right member at the right time for 4 million members across the country
- Driving process improvement in primary care practices throughout western Pennsylvania through a pay-for-performance model
- Leading efforts for addressing childhood obesity in western Pennsylvania
- Achieving success in marriage with my wife, Judge Nora Barry Fischer, while managing two busy careers and raising three terrific children



Vivek Allada, MD

Vivek Allada, MD, is director of clinical services in Children's Division of Pediatric Cardiology. He came to Children's from Mattel Children's Hospital at UCLA to participate in the continued expansion of Children's pediatric cardiology program. He received his medical degree from the University of Michigan, Ann Arbor. He completed his pediatric residency at Children's Hospital of Los Angeles and his pediatric cardiology fellowship at UCLA School of Medicine. Since 2004, he has been a liaison for the American Academy of Pediatrics on the Expert Panel on Population and Prevention Science Writing Group Cardiovascular Risk Reduction in High-Risk Pediatric Populations. Dr. Allada's clinical interests include echocardiography and coronary artery diseases in children.

What are your key achievements?

- Becoming clinical director of cardiology at Children's Hospital and having a greater impact on lives of children with cardiac conditions
- Marrying a person far better than myself (not sure how I managed that!)
- Having two wonderful children, Michael and David (must be her genes!)
- Surviving two wonderful children growing up... so far...



The Howard A. Mermelstein, MD, Memorial Lecture and Award Endowment Fund

This endowment, created by his family, honors the memory of the late Howard A. Mermelstein, MD, a beloved Children's Hospital of Pittsburgh pediatrician, respected mentor, published clinical investigator, Korean War veteran and honored past president of the Allegheny County Medical Society. Dr. Mermelstein's role as a member of Children's Hospital's medical staff began with his pediatric residency in 1949, after a one-year rotating internship at the University of Pittsburgh Medical Center, a year of fluid balance research with Thaddeus Danowski, MD, and culminated with his medical staff presidency in 1989-90.

The endowment supports several activities of Children's medical alumni, the association of current and past members of Children's faculty and voluntary medical staff.

Howard A. Mermelstein, MD, Award for Excellence in Pediatrics

Dr. Mermelstein devoted his life to caring for Pittsburgh's children and their families. This peer-awarded honor recognizes outstanding academic pediatricians/pediatric surgeons and community-based pediatricians on an alternating basis. The awardee is a beloved practitioner, active in the community and committed to children, teaching and the betterment of the profession. Honorees have a history of connection with the Pittsburgh region and are nominated by Children's Hospital of Pittsburgh of UPMC medical alumni. This year's awardee is Harold M. Glick, MD, who will be presented with the award today at Alumni Day. J. Carlton Gartner Jr., MD, will deliver the Howard A. Mermelstein, MD, Memorial Lecture.

Howard A. Mermelstein, MD, Memorial Lecture

An annual presentation by an invited lecturer that is offered during the Medical Alumni Day program, the Mermelstein Lecture seeks to provide continuing medical education of direct use to pediatricians/pediatric specialists and instructors of pediatrics.

Past Lecturers:

- 2006 Paul Offitt, MD
- 2003 Ellis D. Avner, MD
- 2002 Michael A. Zasloff, MD, PhD
- 2001 J. Jeffrey Malatak, MD
- 2000 Nancy Snyderman, MD
- 1999 Ronald David, MD
- 1998 Robert William Blum, MD, PhD
- 1997 Lewis First, MD
- 1996 Walter W. Tunnessen, MD
- 1995 Bernard I. Michaels, MD
- 1994 Thomas K. Oliver, MD

2008 Recipient Harold M. Glick, MD

Past Awardees:

- 2007 Basil J. Zitelli, MD
- 2003 Angelo S. Runco, MD
- 2002 J. Carlton Gartner Jr., MD
- 2001 James K. Greenbaum, MD
- 2000 Ellen R. Wald, MD
- 1999 Kenneth L. Garver, MD, PhD
- 1998 James R. Zuberbuhler, MD
- 1997 Michael Krak, MD
- 1996 Paul C. Gaffney, MD
- 1995 Bernard I. Michaels, MD
- 1994 Thomas K. Oliver Jr., MD

(no award given 2004-06)



J. Carlton Gartner Jr., MD

J. Carlton Gartner Jr., MD, graduated from the Johns Hopkins University School of Medicine in 1971. He completed his residency at Children's Hospital of Pittsburgh and served as chief resident at that institution. At the time of his departure in 2002 for his current position, he was professor of Pediatrics at the University of Pittsburgh School of Medicine, vice-chair of the Department of Pediatrics and director of the Diagnostic Referral Service at Children's Hospital of Pittsburgh. He served as Pediatric Residency Program director for 12 years and initiated the Medicine/Pediatrics Residency Program. He held the McCluskey Chair in Medical Education at Children's Hospital of Pittsburgh. His professional interests include academic general pediatrics, education, diagnostic problems and medically complex patients. He recently completed a six-year term as a member of the American Board of Pediatrics (ABP) Board of Directors. He has served on the ABP Committee on Maintenance of Certification since its inception in 1987. He has been a member of the project group of R3P—Residency Review and Redesign in Pediatrics—an effort to review pediatric residency training for the future. He is currently professor of Pediatrics at Jefferson Medical College, vice-chair of the Department of Pediatrics, and pediatrician-in-chief, Nemours/A.I. duPont Hospital for Children.

What are your key achievements?

- Marriage and family — with my wife Kay now for 37-plus years and still going strong. Couldn't have done the rest of my life without her and my family.
- Career as a physician — balancing patient care, teaching and academics. Would do it all over again, but would try to work a little less!
- Teaching awards by pediatric residents both at Children's and at duPont/Jefferson
- Mentorship by Dr. Paul Gaffney and Dr. Tim Oliver — and their appreciation of my efforts and achievements
- Patients whom I helped — several of whom have died, but my efforts helped them during their illnesses
- McCluskey Chair in Pediatric Medical Education — now held by Dr. Basil Zitelli
- Involvement with the American Board of Pediatrics both on the Maintenance of Certification Committee and on the Board of Directors



Timothy D. Kane, MD

Timothy D. Kane, MD, is an assistant professor of surgery at the University of Pittsburgh School of Medicine, and an attending pediatric surgeon at Children's Hospital of Pittsburgh of UPMC, where he is the director of minimally invasive surgery and the clinical director of the Division of Pediatric General and Thoracic Surgery. Dr. Kane earned his medical degree from SUNY Health Science Center at Syracuse, N.Y. and completed his general surgery training at the University of Cincinnati Hospital and Medical Center. He took his pediatric surgery training at the University of Alabama, Birmingham, and Children's Hospital of Alabama, also in Birmingham, Ala. Dr. Kane's particular interests include advanced pediatric minimally invasive surgical techniques and training, gastroesophageal reflux and foregut procedures, childhood tumors, benign and malignant thoracic diseases and pectus deformities, congenital neonatal disorders and surgical education.

What are your key achievements?

- Being captain of the Colgate University track team for three years and winning the Empire State Games Decathlon Championship
- Training for the Olympic trials and being nationally ranked in the decathlon (1985)
- Marrying my wife and having three wonderful children and a wonderful stepson
- Being trained by Keith Georgeson for my pediatric surgical fellowship; he is not only one of the preeminent laparoscopic and innovative pediatric surgeons in the world, but also a magnificent mentor and human being
- Coming to Pittsburgh in 2001 and being able to build the minimally invasive pediatric surgical program at Children's from nothing to where now it is the standard of care



Eugene S. Wiener, MD, Award for Outstanding Contributions to Pediatric Health Care

The Physician Alumni Association of Children's Hospital of Pittsburgh of UPMC and the Children's Hospital of Pittsburgh Foundation have established the Eugene S. Wiener, MD, Award for Outstanding Contributions to Pediatric Health Care, in remembrance of the life and gifts of our colleague and friend. The award is made possible through the generous outpouring of gifts from patient families, staff and colleagues across the country as well as Gene's sons, Jeff and Justin Wiener.

This year's awardee is Andrew H. Urbach, MD. Thomas E. Starzl, MD, PhD, will deliver the inaugural lecture.

Award Criteria

This award seeks to recognize those individuals whose contributions are the foundation of tomorrow's excellence. Awardees demonstrate some or all of the following qualities:

- A deep commitment to patients and families and a constant striving for improved outcomes
- Passionate advocacy, particularly in pursuit of patient safety
- Leadership, communicating a vision, bringing together disciplines and motivating through example
- Recognition for professional standards by those outside the institution



Thomas E. Starzl, MD, PhD

Among the speakers at Children's Hospital of Pittsburgh of UPMC's 2008 Alumni Day will be transplant pioneer Thomas E. Starzl, MD, PhD. He is now director emeritus of the Thomas E. Starzl Transplantation Institute of the University of Pittsburgh and UPMC, and recipient of the National Medal of Science.

Dr. Starzl performed the world's first successful liver transplant in 1967 and later helped make Pittsburgh a great transplant center. Author of more than 2,100 journal articles, and now in semiretirement at age 82, he remains one of the world's most prolific scientists and one of the most cited researchers in clinical medicine.

What are your key achievements?

"My main achievement is staying alive for 82 years.
Everything else is a blur."



Alumni Day 2009

Plan to join us for Children's Hospital of Pittsburgh of UPMC's Physician Alumni Day during the spring of 2009 at the new Children's Hospital campus in Lawrenceville. Reunite with old colleagues and friends as we begin a new tradition in a state-of-the-art facility.

Information to follow in the next edition of *Bridges* and on your alumni Web site — www.chp.edu/alumni.

To learn more about the new hospital and view virtual tours visit — www.chp.edu/newcampus.





The Physician Alumni Association Wants To Know About You

Please let us know how to keep in touch with you to help you keep in touch with old friends and colleagues. You can use the space at the bottom of the page to tell us a few exciting things that you are doing, awards you have won, family milestones and travel news.

Name (First, Last, Maiden) _____

Primary Phone _____ Secondary Phone _____

E-mail _____

Fax _____

Preferred Mailing Address _____

Current Professional Affiliation _____

Organization _____

Address _____

Specialty _____

Class Year _____

Check those that apply

- Residency
- Fellowship Division
- Former Faculty Division
- Current or Former Medical Staff Member

You can leave this form at the back of the auditorium or fax it to:
Sharon Mastro at 412-692-6920